## DEMOLISHING DEMONIC STRONGHOLDS

(Excerpts from Dr. Henry Malone: Shadow Boxing)

As Christians we can be demonized – controlled, manipulated, and opposed by evil spirits. An evil spirit cannot own us, because we are owned by Jesus.

We have been bought with the blood of Jesus Christ, and we belong to Him.

The paradox in the life of the believer is that although we have been translated into the Kingdom of Light, we can still allow the kingdom of darkness to rule in many areas.

The believer must have the chains cut and the enemy’s hold broken, so he or she can walk continually in the light.

“And the God of peace shall bruise Satan under your feet shortly. The grace of our Lord Jesus Christ be with you. Amen” (Romans 16:20).

**Our Victory in Jesus Assured**

But God, who is rich in mercy, for his great love wherewith He loved us, Even when we were dead in sins, hath quickened us together with Christ by grace ye are saved; and hath raised us up together, and made us sit together in heavenly places in Christ Jesus” (Ephesians 2:4-6).

According to Scripture we are crucified with Him, buried with Him, raised with Him, exalted with Him, and enthroned with Him (Romans 6). Through the new birth we were born again and we became part of Jesus’ Body, the Church.

Therefore, when Jesus died, He overcame Satan, arose from the dead, and ascended to the right hand of the Father, we were in Him. We became victors – champions – saints in the Light!

**Key to Our Restored Authority is Submission**

Therefore, Satan no longer has power over us. Instead, we have been given authority over him! God’s authority on the earth has been restored.

As we submit to Jesus Christ, His authority is ours. Remember, Jesus did not defeat Satan for Himself. He did it for us!

**The Roaring Lion Today: Why Do Christians Still Face Attacks Today?**

Likewise, ye younger, submit yourselves unto the elder. Yea, all of you be subject one to another, and be clothed with humility: for God resisteth the proud, and giveth grace to the humble. Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time: Casting all your care upon him; for he careth for you. Be sober, be vigilant; because our adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: Whom resist steadfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world (I Peter 5:5-9).

If Jesus really defeated Satan, why do Christians often seem defeated and discouraged rather than walking in love, joy, peace and victory?

**There are several reasons: Some Reasons Why We May Not Be Walking in Total Victory ...**

**First**: Ignorance! Too many believers in the church do not fully understand or believe that they have been liberated! Jesus returned to heaven, gave the authority and dominion to believers, and sent His power to us through the Holy Spirit.

**Second**: Satan is a sore loser. He is contentious and does not surrender one inch of ground until he is forced to do so! When we submit to God and we stand in the name and authority of Jesus, Satan has no choice but to flee!

**Third**: When Satan throws dark clouds of doubt and despair over our minds and hearts, we seem to easily forget that we are no longer subject to Satan’s authority. Satan deceives and tricks us into relinquishing our authority in Christ.

We thoughtlessly lapse back into old mindsets of fear and defeat, seeing ourselves as we once were in Adam and not as we are today in Christ. Satan knows that he lost. However, he still carries on guerrilla warfare against the church through trickery, deception, intimidation, fear.

**Fourth**: Even though God could put Satan completely away, He wants us to have on–the-job training in overcoming! Just as a weightlifter trains and develops strength by overcoming the resistance of weights, we grow stronger each time we resist the enemy (2 Timothy 2:2-5).

**Keys to Overcoming**

We must continually renew our minds with Scripture (Romans 12:2) that reinforce our new identity in Christ. Satan wants us to forget that we are risen and exalted with Christ, that we are united with Christ on the throne, and that all demonic enemies are under our feet.

When we find ourselves in bondage to demons of fear, rejection, sickness, immorality, or sins and limitations of any kind, it is often because we are ignorant or forgetful of what Christ accomplished on our behalf.

Individually, we must assume the responsibility to lay down the satanic principle of rebellion, submit ourselves completely to God, and use our God-given weapons to take back the land Satan and his demonic forces have stolen from us.

He is a usurper. He has no legal right. The fight is fixed. We have already won! In Christ Jesus our Lord! We must evict every demon squatter in the land of our inheritance in Christ in Jesus Mighty Name!

**Understanding and Overcoming Your Adversary**

There are spiritual laws that operate in the universe, and Satan himself must play by the rules. For example, you have probably experienced an attack from Satan at a time when you were distant from the church or Christian friends.

You were walking in a vulnerable place and suddenly an ungodly thought or temptation came to you. A situation just happened to occur that made it easy to sin.

The lion will never attack an animal that remains within the herd.

The lion will follow a herd and wait for an animal to be separated out. It may be an older animal who cannot keep up the pace. It may be a young animal that wanders off or becomes separated from its mother.

Or it may be one that just gets curious and wanders a little distance away from the others. That’s when the lion attacks.

As in the animal kingdom, when you allow yourself to be separated from fellow believers for whatever reason, you will become vulnerable to attacks from Satan, the roaring lion (1 Peter 5:8).

It is vital that you remain faithful in fellowship with a local church.

All of us have and will experience Satan’s devouring attacks in our lives. But we can learn his devious ways and withstand his attacks. A significant spiritual principle to understand about how darkness operates: Satan can gain access into your life by intrusion or by open doors.

**Intrusion: Temptation & Assaults by Evil Spirits**

Have you noticed how Satan tries to interrupt your life by causing disturbances or unnecessary conflicts? He is a master at interruptions and distractions.

His intrusions can cause you to miss much of what God really intends for your life. Satan uses distractions, interruptions, disturbances and conflict to cause you to miss or lose God’s purpose or best intentions for your life.

Webster’s definition of intrusion is “the act of pushing, or thrusting in; the act of putting or coming in without being asked or wanted.”

Intrusion is any occasion in which Satan shoots his fiery darts or throws his “low blows” into your life. He runs in, does his little thing, and then runs away.

You have not given him a just cause or reason to have access into your life. He has intruded and has no right to be there.

**Satan’s five Primary Strategies:**

Satanic powers use five primary strategies to defeat the believer with intrusion: 1) lies and deception, 2) accusations and condemnation; 3) doubt, unbelief, fear; 4) the battle of the mind 5) attack against the Word of God.

Has the devil ever said to you: “You’re no good, you’re sorry, you’re worthless? You’re shameful. Nobody wants you. You’ll never get married. You’ll never have a family. You’re just a piece of garbage.”

If he has, remember; that is not what God’s Word says! Satan is a liar! Most people let the enemy bring them down because they do not know that they are righteous!

“For He hath made him to be sin for us, who knew no sin; that we might be made the righteousness of God in him” (2 Corinthians 5:21).

Righteousness is a gift from God that is received by faith (Romans 5:17-19). Righteousness is an absolute, holiness is a progression, I am working on my holiness. I am learning to be more holy, I am seeking to be more like Jesus in every action and thought. But I am absolutely righteous.

Do not listen to the devil’s lies and condemnations against you. If you sin, however, you do need to repent before God. There’s a difference between Satan’s condemnations and your sin. If you sin, you must repent and turn from sin to God; thanking Him that Jesus has already forgiven and cleansed you. Don’t see yourself as sinful and condemned, or you will “live it out” and continue to walk in that sin.

See yourself as having God’s gift of righteousness in increasing dimension.

In your mind a battle rages between the Holy Spirit and Satan. Satan wants to control your mind, but don’t let him. Bring every thought into obedience, captive to Jesus Christ.

“God’s Word says to take every thought captive and “For though we walk in the flesh, we do not war after the flesh: **4**For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds” (2 Cor. 10:3-4).

You may worry about inappropriate or evil thoughts passing through your mind, but don’t. You haven’t sinned. Just bring those evil thoughts into captivity! Only when you hold onto thoughts, entertain them, pamper them, and encourage them have you sinned in your mind.

When Satan shoots his wicked thoughts at you, whether they are thoughts of adultery, lust, self-pity, judgment, or jealousy, pull those thoughts down!

Seize them and bring them captive to Jesus. If you don’t do that, those thoughts will take root in you, and you will find yourself in bondage to sin.

**Handling Intrusion:**

**First**: Continue to keep your eyes on God and not on the circumstances Satan has placed before you. Give God glory in every situation, we are instructed in Scripture to give thanks in everything, “for this is the will of God in Christ Jesus concerning you” (I Thess. 5:18).

**Second**: Investigate whether this is intrusion or whether you have given Satan access to your life through disobedience. Call upon God for His wisdom, power, and presence.

**Third**: Remember that people are not your enemies. Satan uses our emotional ties to people around us whenever he can in order to cause a loss or disappointment or setback in our life. Realize it is not the person, but the influence of a satanic spirit and deal with the spirit.

**Fourth**: Glance at the problem only long enough to tell God about it, but do not become distracted by focusing on the problem. Satan’s job is – to break our communion with God. So when intrusion comes, look to God for His wisdom. Do not be consumed by the problem.

**Fifth**: Submit to God and resist satanic powers. If we do that, and deal with the spirit, Scripture says the devil will flee from us (James 4:7-8). In order to submit to God, you must do what God tells you to do. Submission is obedience. When you truly submit, you draw near to God and He draws near to you.

**Note**: To resist Satan’s intrusions, put on the whole armour of God (Eph. 6:12-18). You have been given spiritual armour for the specific purpose of resisting Satan! We are instructed to take up the whole armour of God, not just part of it.

**we Only Lose If We Quit!**

When it comes to intrusion, remember that the fight is fixed. As long as you keep fighting, you will win! When you resist the devil, there is no such thing as losing the war against intrusion. You must be tenacious, determined, persistent and relentless in your battle against the strongholds and attack of the enemy.

**Five Open Doors – How We Give Satanic Access to Our Lives?**

There are five open doors through which we can invite (allow) the demonic forces of darkness into our lives. These doors are:

1) disobedience (wilful sin),

2) unforgiveness,

3) emotional trauma,

4) inner vows and judgments, and

5) curses.

Note: conscious or unconscious involvement in occult influences or activity. E.g. horoscopes, music (Christian and Secular), media (TV, movies, books, and internet), yoga, martial arts, fantasizing, etc. will bring us under a curse.

**Door 1: Disobedience**

Disobedience is any action or attitude that Scripture tells you not to do or have, or anything Scripture tells you to do and you refuse to do it. Sins of disobedience are wilfully chosen. They may be such a part of your life that they are habitual and seem a natural part of you (but they should not be). Wilful disobedience will lead you into bondage.

**Door 2: Unforgiveness**

... “And his lord was wroth, and delivered him to the tormentors, til he should pay all that was due unto him. So likewise shall my heavenly Father do also unto you, if you from your hearts forgive not everyone their trespasses” (Matthew 18:34-35).

God Himself is the one who turns a believer over to Satan to be tormented until the believer is willing to forgive his brother. Jesus said it was “from his heart” that a man must forgive trespasses or sins against him.

“Heart” is the word for spirit or inner man; it is in your spirit that you must forgive your brother. You have two choices when someone does you wrong – to forgive or to harden your heart. If you do not forgive, you have chosen to harden your heart! You must let the offense go, release it, and tear up the due note!

Forgiveness is not an option. It is the primary mark of a Christian. You must consider the consequences and realize there is a price to pay for unforgiveness. Unforgiveness will cause you to embrace bitterness that will affect everyone around you and build a wall between you and God.

Bitterness can even result in physical illness, because of the various chemical changes that take place in the body when you refuse to forgive. Forgiveness is impossible within ourselves. We must make the choice to forgive, let it go and then cry out to God for His power to release and forgive the offender.

Forgiveness is a supernatural act accomplished by the Holy Spirit working through us. Many Christians often rationalize and deceive themselves into thinking they have forgiven someone when they have done so from their head, not their heart.

If forgiveness is incomplete, we may say things like, “I’ll forgive him this time, but he had better not ever let it happen again.” That is not forgiveness. That is probation! Or, “I just can’t forget what he did to me.” Or, “He really doesn’t deserve to be forgiven, because he doesn’t even act like he’s sorry.”

Forgiveness does not excuse or make right the wrong we suffered but it makes us free to love despite the wrong suffered i.e. to love our enemies, remember God is the one who defends us.

We must forgive as God has forgiven us. If you do not want to associate or fellowship with a person who has wronged you, you know you have not completely released what is in your heart toward them.

Unforgiveness keeps the door open for the enemy and his tormentors to come into your life and torment you. They will do so until you are willing to forgive. Forgiveness is not always easy. How can someone easily forgive rape, murder, incest, or abuse?

If we forgive, does that mean that we excuse the perpetrator! No, but it makes us free! God is the judge and the avenger – not us. Realizing this truth will help us to release forgiveness to others. Only our (wounded) pride or sinful bitterness of heart stands in the way of our releasing forgiveness.

**Door 3: Emotional Trauma**

These hurts are inner wounds caused by sudden physical injury or emotional shock. Emotional trauma causes lasting damage to the psychological, spiritual, or emotional development of a person.

There are two kinds of wounds and trauma: that which we had a part in causing (such as disobedience which resulted in a consequence of our sinfulness), and that which we had no part in causing (such as abuse, rape, or molestation).

Each of us is traumatized by different actions, events, to various degrees. Although what happens to us in life is not under our control, our response to what happens is under our control.

Accidents, near-death experiences, fearful experiences of any kind, or death in a family bring deep trauma to people.

Abuse, (physical, mental, or sexual), also causes deep wounds. Molestation devastates children. Muggings, rapes, and violence of all kinds bring trauma in varying degrees. Rejection, ridicule, domination and control – especially by parents – can cause deep, far-reaching pain in a human spirit.

Whatever its source, when trauma occurs in a person’s life, healing must come. Part of Jesus’ ministry was to heal the broken-hearted, as reflected in this passage of text:

The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the broken-hearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised. (Luke 4:18).

Because emotional trauma often occurs in childhood, it sets us on a course of attitudes and reactions, causing us to always wonder why we behave in certain ways. And although we’ve all been victimized to some degree, it’s our choice whether or not to remain a victim.

God wants to free us from emotional trauma and heal our broken hearts. Experiencing God’s supernatural healing is essential to take away the enemy’s ground in our lives.

**Door 4: Inner Vows and Judgments**

Inner vows are based on judgments that we make, most often as children, against our parents, caregivers, schoolteachers, or others in authority. The power of a vow!

Even a seemingly good vow will bind you to a track, a fleshly course of action that you cannot escape until the vow is broken. The power of the Holy Spirit cannot be released into the situation because of the vow which is based on the strength of the flesh! Vows have powerful implications.

**Common Inner Vows:** “I will never treat my children like that!” Or, “I will never be poor like my parents.” Or, “I am never going to trust anyone or be vulnerable to anyone again!” Or, “My husband/wife will never treat me like that!” Beware of the words, “I will never,” or, I will always.” They are often the mark of a vow. Such vows can be broken through sincere repentance and the release of forgiveness when necessary.

**Door 5: Curses**

A person who is operating under a curse will often feel frustrated and defeated spiritually and or physically. There are two important aspects of curses:

**First**: the scope of a curse’s effect is almost never confined to just one individual, but more often to a larger social group or family.

**Second**: Once a curse is released, they usually linger from generation to generation until decisive action is taken to cancel their effects

You cannot stop what is happening in the visible (physical) realm until you have dealt with what is happening in the invisible (spiritual) realm. Both blessings and curses carry power emanating from the invisible realm of the spirit.

**How Curses are Transmitted**

Words are a major way we transmit a curse or a blessing. Words are filled with immeasurable power as they soar through the air. In fact, Scripture says that “death and life are in the power of the tongue” (Proverbs 18:21). With words, we bless or curse, bringing about either life or death.

Physical objects may also be vehicles to transmit the spiritual power of curses or blessings. Just as objects for blessings include holy anointing oil, the elements of the Lord’s Supper, and the laying on of hands, objects can be cursed and the curses transmitted knowingly or unknowingly.

Occult practitioners often use physical objects to pass along curses to others. It is important to be aware that objects can carry curses.

Occult objects – devil’s horn or horn of plenty, the onyx, peace symbol, religious or pagan statues, hexagrams, pentagrams, crucifixes, etc. need to be dealt with in our home and lives.

We would strongly advise you to prayerfully search your home including jewellery, music, books, videos, DVD’s etc. and ask the Holy Spirit to expose anything that may attract demon influences. Then we recommend that like new believers in Acts 19:18-20 you destroy them.

**Ancestral Curses**

Ancestral curses are created by “familiar” spirits who know our family bloodline for hundreds or thousands of years. These “familiar” spirits transmit to you the propensities, desires, or strong tendencies from past generations.

This may cause you to feel or act certain ways or have particular mannerisms. From birth, you will be drawn toward the sins of your forefathers, until you act-out what your forefathers practiced. It will often seem like a natural response.

It is possible to trace certain sins such as bitterness, prejudice, violence, depression, illegitimacy, prostitution, drug addiction, alcoholism, lying, stealing, physical infirmities, insanity and other sins to our ancestral family lineage.

**Common Evidences of a Curse**

1. Insanity, personality, and emotional disturbances “The Lord shall smite thee with madness, and blindness, and astonishment of heart “– Deuteronomy 28:28
2. Hereditary afflictions, chronic illnesses “The Lord shall smite thee with consumption, and with a fever, and with inflammations, and with an extreme burning” (Deut. 28:22).
3. Difficulties with conception, pregnancy, and other female problems. Many women are barren because a curse has been brought down upon them through an ancestral curse or from something they have done that results in a curse. “Cursed shall be the fruit of their body” (Deuteronomy 28:18).
4. Divorce and division in family relationships.
5. Persistent financial shortage.
6. Being accident-prone.
7. Suicide, depression or unnatural, premature, or violent deaths.

**Primary Causes of Curses**

1. Disobedience and disrespect for parents, “Children, obey your parents in the Lord; for this is right, Honour thy father and mother, which is the first commandment with promise: That it may be well with thee, and thou mayest live long on the earth” (Eph. 6:1-3).

Often individuals focus on the promise of a long life. But this Scripture also promises that it “may be well with you” if you show respect to your parents.

2. Acknowledging or worshipping false gods. Idolizing Satan’s musicians and entertainers leads to idolized entry of demon powers associated with these satanic servants.

3. Involvement with the occult. Witchcraft and involvement in the occult are widespread in America. It is dangerous business and a direct cause for curses. Occult involvement includes many areas including music, media, yoga, etc.

4. Iniquity and oppression, especially aimed toward the feeble and the defenceless. People who take advantage of children, the simple, or the elderly will have heavy curses visited upon them.

5. All forbidden, aberrant, or unlawful sexual relationships. God forbids any sexual relationship outside of a husband and wife in marriage. There are actually ten different sexual sins listed in Scripture. Any violation brings grave consequences. For persons to be involved in homosexual relationships or incestuous relationships or to take advantage sexually of others is to invite a curse in their lives.

6. Ant-Semitism. God is very serious about blessing those who bless the people of God, the Israelites “And I will bless them that bless thee, and I will curse him that curseth thee: and in thee shall all families of the earth be blessed” (Genesis 12:3).

7. Dependence upon human strength, wisdom, and goodness. People who trust in their own strength or in the strength of man are cursed: “Thus saith the Lord: Cursed be the man that trusteth in man, and maketh flesh his arm and whose heart departeth from the Lord” (Jeremiah 17:5).

8. Stealing and Lying.

9. Withholding of tithes and offerings.

10. Words spoken by those in authority. Those in authority include fathers, mothers, husbands, wives, teachers, pastor, and priests – anyone who has a position of authority over us.

Words spoken by a father over his children are the most powerful words in the universe besides God’s own words. A father’s piercing words, such as, “You’re dumb, you’re stupid, you’re crazy,” have cursed his children to grow up and fulfill the exact words that were spoken.

11. Negative idle words pronounced by anyone against themselves. Many people have brought curses upon themselves by constantly saying. “I can’t. I can’t do this. I can’t do that. I can’t do something else.” They don’t realize they are binding themselves by their own words.

12. Oaths or covenants taken for admission to secret societies and ungodly organizations.

13. Curses that are pronounced by witches, warlocks, witchdoctors, or other occultists.

14. Carnal talk directed against others.

15. Manipulating prayers that accuse or seek to control others.

**Conclusion**

Through the five open doors mentioned in this chapter, Satan has the legal right to walk into your life, torment you, bring you into bondages of all kinds, and unleash tremendous frustration in you.

That’s what Satan wants! To steal your destiny! But you have the authority in the name of Jesus to stop him in his tracts. Do it!

**Closing the Doors to the Enemy**

To close these doors you must first determine how Satan gained entrance into your life. An open door occurs when Satan has a right to be in your life because you or someone else in authority – your parents or someone in your ancestral line – have shaken hands and welcomed him in. In other words, even if you are seeking to live in obedience to the Lord, you may be paying the price for bad decisions made by your parents or even your ancestors!

The Bible tells us not to “give place to the devil” (Ephesians 4:27). You are not to give Satan any terrain in your life.

He cannot just come in whenever he decides, unless you have given him that right. Many Christians give access to Satan – hand him the keys to the front door of their lives – in a variety of ways without realizing what they are doing. Having your palm read, studying astrology, going to a fortune-teller, reading tarot cards or your horoscope or even having them read for you, gives place to the enemy.

Even horror movies, music, and other media can open a door to Satan. You can also open your spirit to the kingdom of darkness through pornography, drugs, and addictive substances.

In essence, whatever enslaves you becomes your master! Satan schemes to bring you under his control in order to legally do what he wishes in your life.

**Reclaiming Lost Ground -- The Power of True Repentance:**

These doors can only be closed through genuine repentance, many of us may feel sorry after we sin, but often we are not willing to turn from our sin.

True repentance means feeling such regret over a past action or attitude that we change our mind and our actions. We turn away from sin and to obeying God. Repentance means that you must hate the sin that has enslaved you.

You must be sick of it, tired of serving it, and weary from having it rule your life. You must decide to turn away from doing it.

Freedom will not come until you repent and let God take away the enemy’s legal ground that the demonic realm has in your life. You may control the form or extent of your addiction by your will, but you will not be able to break the stronghold.

The bondage will remain in your life. Let’s face it. You will never recover your legal ground until you are willing to repent for that which gave the darkness legal right to come in and occupy you.

Many Christians want God to move in and “fix” some things in their life, but they do not want to genuinely repent, turn from their sin, and walk in a lifestyle of holiness and righteousness.

Instead people want to “have their cake and eat it, too.” We cannot sin and then somehow escape the consequences of sin.

That will not happen. Praying for ‘crop failure’ after sowing wild oats simply will not work. The Father delights in showing mercy.

The Holy Spirit rushes to our aid when we get down to business. When people are willing to repent, demons have no power to stand in the face of the Lord Jesus.

“If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness” (I John 1:9).

**In Closing**

We encourage you this week to diligently and prayerfully work through the fourteen Spirit Checklist and humbly acknowledge any sinful responsibility you may have in regards to any open door.

Humbly acknowledge and repent of any sin God reveals and come next week expecting total breakthrough and deliverance from any and every bondage and stronghold.

We also want to remind you to be sure to prayerfully undertake a Holy Spirit led house cleaning of all objects including music and videos, DVD’s that may be attracting demonic influence into your life.

You may want to bring them as they did in the Book of Acts to a corporate burning (destruction) ceremony.

## operation demolition - scriptures

**Embracing and Enforcing the Victory of the Cross:**

Operation demolition involves the embracing and enforcing of our victory through the Cross of our Lord Jesus Christ. Step by step we will be exposing and evicting demons and demolishing strongholds of the enemy in our lives, throughout December. One of God's purposes for this special focus at this time is that we may enter 2012 in a new dimension of total freedom, victory and power in Christ. Now is the time to demolish the works of the enemy and receive the Lord's total healing, deliverance and victory in our lives in Jesus' Name!

**Keys to Spiritual Authority and Victory in Christ:**

The following scriptures will bring understanding of the spiritual warfare we face daily. They also reveal keys to walking in genuine spiritual authority and power to evict and defeat satanic powers in our lives and in the lives of others. Please understand that the Lord's purpose is not only to set us free, but to raise up Champions in Christ with genuine power and authority to set others free, that they may join His eternal family and Kingdom (Hallelujah!).

Some of the keys revealed in the following passages include: The Power of Jesus' blood, Humility, Faith, Holiness, Purity and Power through Holy Spirit led declaration, prayer and commands utilizing the authority of His Word and the matchless power of His Name!

**Operation Demolition Scriptures:**

John 10:10 (KJV) 10The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly.

Colossians 2:13-15 (KJV) **13**And you, being dead in your sins and the uncircumcision of your flesh, hath he quickened together with him, having forgiven you all trespasses;

**14**Blotting out the handwriting of ordinances that was against us, which was contrary to us, and took it out of the way, nailing it to his cross; **15**And having spoiled principalities and powers, he made a shew of them openly, triumphing over them in it.

I John 3:8 (KJV) 8He that committeth sin is of the devil; for the devil sinneth from the beginning. For this purpose the Son of God was manifested, that he might destroy the works of the devil.

Ephesians 6:10-18 (KJV) 10Finally, my brethren, be strong in the Lord, and in the power of his might. 11Put on the whole armour of God, that ye may be able to stand against the wiles of the devil. 12For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. 13Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand. 14Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness; 15And your feet shod with the preparation of the gospel of peace; 16Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. 17And take the helmet of salvation, and the sword of the Spirit, which is the word of God: 18Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints.

I Peter 5:5-9 (KJV) **5**Likewise, ye younger, submit yourselves unto the elder. Yea, all of you be subject one to another, and be clothed with humility: for God resisteth the proud, and giveth grace to the humble. **6**Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time: **7**Casting all your care upon him; for he careth for you. **8**Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: **9**Whom resist stedfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world.

James 4:4-7 (KJV) **4**Ye adulterers and adulteresses, know ye not that the friendship of the world is enmity with God? whosoever therefore will be a friend of the world is the enemy of God. **5**Do ye think that the scripture saith in vain, The spirit that dwelleth in us lusteth to envy? **6**But he giveth more grace. Wherefore he saith, God resisteth the proud, but giveth grace unto the humble. **7**Submit yourselves therefore to God. Resist the devil, and he will flee from you.

Luke 10:17-19 (KJV) 17And the seventy returned again with joy, saying, Lord, even the devils are subject unto us through thy name. 18And he said unto them, I beheld Satan as lightning fall from heaven. 19Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you.

Luke 4:18-19 (KJV) 18The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the broken hearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised, 19To preach the acceptable year of the Lord.

Mark 16:17-18 (KJV) 17And these signs shall follow them that believe; In my name shall they cast out devils; they shall speak with new tongues; 18They shall take up serpents; and if they drink any deadly thing, it shall not hurt them; they shall lay hands on the sick, and they shall recover.

Acts 16:16-18 (KJV) 16And it came to pass, as we went to prayer, a certain damsel possessed with a spirit of divination met us, which brought her masters much gain by soothsaying (fortune telling): 17The same followed Paul and us, and cried, saying, These men are the servants of the most high God, which shew unto us the way of salvation. 18And this did she many days. But Paul, being grieved, turned and said to the spirit, I command thee in the name of Jesus Christ to come out of her. And he came out the same hour.

(See also Revelation 12:7-11; 2 Corinthians 10:3-6; 2 Timothy 1:7)

## how to break every chain and

## demolish every stronghold

(Excerpts from Dr.Henry Malone: Shadow Boxing)

We strongly recommend that you work through the actual deliverance part of this process with a pastor or leader. After you have sincerely renounced and repented of all areas related to the fourteen spirits and their fruit, have a pastor or leader pray with you and over you. It is needful that someone with spiritual authority pray with you in the final phase of your deliverance in accordance with Jam. 5:14-16

``Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much`` (James 5:16).

**STEPS FOR DELIVERANCE**

Are you a Christian? Have you confessed your faith in Jesus Christ in the sacrifice that He has made on your behalf? It is absolutely necessary to know Christ before seeking deliverance, because without it you will not be able to walk in the Spirit and in the authority of Jesus you won’t remain free. You will end up in an even worse condition- seven times worse, than before the deliverance (Matthew 12:43-45).

If you sincerely desire to place your complete faith and trust in Jesus Christ, and genuinely repent and surrender your life to Him today. Please pray this prayer personally or with one of your Pastors or leaders.

Dear Heavenly Father, I thank you for sending Your only Son to die on the cross for me. Lord Jesus I believe You died and rose again paying the full penalty for my sin and making the way for me to enter Heaven. I ask You to forgive me and cleanse me of all my sin by Your precious blood. Lord Jesus I now turn from all my sinful ways and surrender my life completely to You. I ask You to come into my heart and take full care and control of my life from this day forward. Thank You Lord Jesus for coming into my life as my Lord and my Saviour. Thank you Father for forgiving me and receiving me into Your eternal family. In Jesus Name, Amen.

**RENOUNCING EACH SPIRIT AND CUTTING THE ROOT**

Go through each of the fourteen root spirits and, one-by-one; renounce any areas of fruit and strongholds in your life. For example, if you need to renounce the spirit of fear, cut its root, pull down it`s strongholds of inferiority, inadequacy, rejection, and so on. Break each fruit individually, and come against fear using spiritual warfare, until you sense a release in your spirit that that spirit of fear is gone and that its strongholds have been broken down. Renounce and break those curses pronounced upon you coming through each one of these root sprits. State what the curse involves, then pray this prayer.

**BREAKING A WORD, OATH, OR CURSE**

Father, I confess that I have sinned and have opened myself to Satan. I have received the curse of (name the curse). Forgive me for submitting and bowing down to the kingdom of darkness. I turn from Satan and this curse to You. Thank you, Lord Jesus, for breaking the curse. I now declare that these curses are broken in Jesus` name, Amen.

**CLOSING THE DOOR OF UNFORGIVENESS**

To close the door of unforgiveness, you must forgive from your heart or spirit all those who have hurt, defrauded, or wronged you. If someone has hurt you in times past, you have to truly and totally release and forgive them from your heart, you need to offer a prayer of forgiveness for each person and release each one in your spirit.

If you need to forgive someone, then you need to do that now. If you need to forgive God for letting a painful circumstance come about in your life, then you need to do that now. If you need to go and seek forgiveness from someone, then do it now. If you need to forgive yourself for the things you have done to yourself, do that now. Let cleansing take place in your life.

**PRAYER FOR FORGIVING OTHERS**

Heavenly Father, I forgive (call person`s name) from my heart for all the things he or she has done to me. I let them go free. I lay nothing to their charge. I require nothing of them. I release them into Your hands Father. I forgive (call name) from my heart for all the things he or she has done to me because You, Father, have already forgiven me (so much more), and I bless him or her in Jesus` name Amen.``

**Closing the Door of Inner Vow and Judgments**

To close this door, confess and renounce any inner vows you have spoken. You must know what the vow is before you can break it. You cannot say ``I break all the vows that I may have ever made`` A vow isn`t broken until you specifically name the vow on an individual basis. Since vows are based on judgments which you have made against another person, pray and ask the Holy Spirit to bring to your mind any vow you have ever spoken against anyone. If you made several different vows against the same person, break each vow individually.

**Prayer for Breaking a Vow**

``Heavenly Father, I confess that my judgment of (name the person) was sin. I now repent from the judgment and from the making of this vow. I renounce this vow. In Jesus` name I break the vow of (specifically repeat the vow that was spoken). I declare that this vow has no effect upon me- body, soul or spirit. Thank you, Lord Jesus, for breaking this vow and restoring my relationship with You and with (name the person you judged). Praise You, Lord, that as I pray right now I am free from this vow. Amen.

**Closing the Door of Emotional Hurts and Trauma**

Ask the Holy Spirit to come and heal the wounds and bruises in your emotions and spirit. These wounds are not just in your mind; they have impacted your entire life. Bruising is caused by an internal haemorrhaging. And your sprit has been bruised by the enemy. Severe rejection, hurtful words that people have said to you, near-death experiences, deaths of family members, and divorce cause trauma and emotional pain that need to be healed. Open your heart and let Jesus heal you.

**Prayer for Emotional Healing**

Lay your hands upon your chest and open your heart to God. Pray this prayer: ``Heavenly Father, I ask that you come now and take the pain, hurts, and trauma from my Spirit. I give you my pain and hurt. Take my pain, Lord Jesus. Take the pain of (name specific hurts). Heal my heart and set me free. Take my pain now.`` In Jesus name keep repeating the prayer noting specific hurts and pains until you go through all the trauma in your life, asking Jesus to heal and remove the pain.

**Closing the Door of Ancestral and Other Curses**

Jesus came to set you free from all ancestral curses as well as any other curses. He has given you the weapons of war that are needed to accomplish this. Identify, confess, and repent of the specific sins and rebellion which led to developing the curses and strongholds in your life. You must realize how your actions have grieved God and then decide to stop repeating your sins. Identify with the sins of your forefathers and confess they have sinned. This confession and identification is the first step in breaking the power of ancestral curses in your life.

If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness (1John 1:9).

If you are unsure how to confess your sin, follow the following prayer example of a prayer of forgiveness.

**Forgiveness Prayer**

``Heavenly Father, I confess to You that I have sinned. (Name any specific sins that come to your mind.) Please forgive me of all my sin, disobedience and rebellion against You. Cleanse me from all unrighteousness. I confess the sins of my ancestors and acknowledge that they were committed against You. I ask forgiveness for my sins and my ancestors` sins. Please forgive me for my part and my ancestors’ part in (name any of the fourteen roots spirits that apply to you and your ancestors). Thank you, Lord that I am forgiven by the blood of Jesus and the power of the Cross, according to Your Word. Amen After you have made a confession of your sins and asked God for forgiveness, make a confession of truth as to who you are in Jesus. Read aloud this prayer before the Lord:

**Confession of Truth and Deliverance**

``Heavenly Father, thank you that I have been bought and paid for by the blood of Jesus Christ. Since I have been bought and paid for, I am an heir of God and a joint-heir with Jesus. As a joint-heir, I live in Jesus and He lives in me. Since He lives in me, I have the right to overcome because He overcame. Now as an overcomer, I break every evil word, curse, and spell that has ever been spoken over me. I take those words and nail them to the Cross and appropriate the power of the Cross in breaking every word ever spoken against me. Thank you that because of the exchange that took place at the Cross, I can receive Your mercy. I cancel any curse that has come, or would try to come, upon me through the sins of my forefathers to the third and fourth generations past. I take those curses and nail them to the Cross and appropriate the power of the Cross in breaking every curse.

Your Word says that Jesus was made a curse for me. As matter of fact, I place Jesus` Cross between me and the curses that would come upon me, so that when they come to me, they have to pass through the blood of the Cross. The blood of the Cross will transform them from a curse to a blessing. With an act of my will, I choose to receive every blessing that You, Heavenly Father, have for me.

``Now I take back any ground that I have ever given to any demonic spirit, whether knowingly or unknowingly. I renounce all contact with anything occult or satanic. No evil spirit has any right or access to me. I cancel their lease on my life. I serve them their eviction notice; I declare them defeated in every area of my life.”

``I specifically take authority over very evil spirit of infirmity, whoredom, bondage, perverseness, deaf and dumbness, lying, error, fear, divination, haughtiness, Antichrist, heaviness, jealousy and slumber. I cut your chains. I break your bands. In the name of Jesus Christ I bind you and cast you out now. You have no place or memorial in me. You are defeated and cast down. I pull down every stronghold by the mighty name and authority of Jesus Christ, by His resurrection power, and by the power of the Cross. Satan, you and all your demons are defeated and your power broken this day in my life. The old me died with Christ on the Cross; therefore everything from the kingdom of darkness has lost its hold on me, for I am a new creation in Christ Jesus. Amen``

**FINAL NOTE**

In order to maintain your deliverance you will need to continue in diligently submitting to and obeying the Lord and His Word in all areas of your life. Satanic spirits do not give up easily so you will need to continue to resist every lie, accusation and attempt to oppress you. You will need to be `tenacious` in your resistance and in your efforts to keep yourself saturated and filled with God`s Word and His Spirit. Remember to utilize every powerful weapon He has given you - Holy Spirit led declaration of His Word, Praise and Worship, Fervent Prayer, The Blood of Jesus, Humble Obedience, Unwavering Faith and the matchless power of His Name.

Now go forth in His name in total freedom and in His power, stay free and diligently labour with Him to set others free. Hallelujah!

(Consider purchasing a copy of Dr. Malone`s book. It is highly recommended for those who want to be more effective in the ministry of deliverance. Thanks and God Bless